



Filling the tummy of my children, my fasting has become a habit now – Says Mohammad Nazif

Sometimes Mohammadullah skipped meals so that there would be enough food for his nine children and enough money to buy warm clothes, medicines and other necessary items for all of his children. One of his eldest sons, the only hope of his life is also studying in the university. He somehow needs some money to support his higher education too.

Mohammad Nazif, a 75 years old man belonging to an ultra poor income segment works hard in the landlords' fields in the Badakhsan province. He is a landless peasant who relies on the seasonal cropping labor in the Badak-shan province. Unfortunately, with this age and income he is not able to manage the food and other expenses of his nine children, which creates extra burdens and results in the dropout of his children from the school. He often found himself struggling to make ends meet, especially at the end of the month when he needed some money for his elder son who is studying in the university in Kunduz province. Sometimes he and his wife-skipped meals so that there would be enough food for their children to eat, eventually, even that suffering was not enough to compensate for the need.

Mohammdullah asked everyone he knew where he could get some help. One day a team of surveyors found him during the village identification process and told him about the WFP's food distribution project. At first he hesitated, not wanting to get help from the strangers, but eventually his necessity to feed his children won out and he applied for food assistance. He began receiving food packages containing 75 kg wheat flour, 9.38 kg pulses, 1.5 kg LNS Plumpy Doze, and 4.5 kg PLW super cereal. This food aid sufficiently fulfilled the food and nutritional needs of his family.

He thanked WFP and NSDO for providing him this humanitarian support, which saved him and his family from hunger. He requested the NSDO team to the continuation of these supports in future so that he could continue the education of his children in the free school despite engaging them in the daily wage labor.

Says Mohamullah - "I will always be grateful to the NSDO and WFP people who provided not only food, but the guidance and hope that helped me to make a better life for my children."

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